

## Indi Kumar

### Therapy Case Worker

Breaking down barriers for progression within rehabilitation and recovery

**Clinical experience:** Brain injury  
Mental health  
Learning Difficulties  
Life limiting conditions

**Locations covered:** Solihull, Birmingham, Dudley, Walsall, Coventry, West Midlands, Warwickshire, Worcestershire, South Staffordshire and surrounding areas



Indi has worked for Headway for the past 2 years as a Case Worker and Hospital Link Worker and has developed highly valued knowledge and skills for all aspects for supporting clients with brain injuries and their families. Prior to this she has worked in office administration within a variety of council run services. She has excellent interpersonal, organisational, communication and co-ordination skills.

Her role within Independence Found Ltd is to provide a link with the support needs and rehabilitation needs of clients in order to break down barriers for progression within rehabilitation and recovery.

This includes providing:

- Support to individuals and families following brain injury, learning disabilities and life limiting conditions
- Support with benefits applications and tribunals
- Support with housing applications
- Working with occupational therapists to support implementation of therapy recommendations including equipment and alterations
- Providing information and advice about brain injury
- Supporting individuals to engage into their community through use of local community resources and opportunities
- Communicating across the team and sharing information as appropriate
- Referring into statutory organisations and signposting to services and organisations
- Providing emotional support to individuals and their families
- Help with debt and other financial issues
- Understanding cultural needs in relation to rehabilitation and access to services
- Visiting clients in hospital and at home. Indi has also supported clients in prison
- Liaising with employers, GP's and other organisations and providing brain injury education
- Indi speaks numerous languages – Hindi, Punjabi, Urdu and Mirpur

**"Indi is always willing to go over and above her duties to help clients"**

*Nancy Khan*

*Carer Services Manager, Headway*